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"TOUR" Details
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FOR IMMEDIATE RELEASE:

**EAT, PRAY, LOVE
ON VALENTINE'S WEEKEND**

An exploration of spirituality, sensuality, & mysticism in Nashville inspired by Elizabeth Gilbert's book "Eat, Pray, Love"

**"TOUR" ITALY, INDIA, AND BALI WITHOUT LEAVING TOWN!
with "tour" guides- Masankho Banda and Diane Saliba Ault of InterPlay
SATURDAY FEBRUARY 16TH 6 PM TO 9PM
SUNDAY FEBRUARY 17TH 10AM TO 5PM**

NASHVILLE, Tenn. (February 2008)- World renowned Interplay facilitators, **Masankho Banda** and **Diane Saliba Ault** will lead the "Tour" of Nashville, inspired by Elizabeth Gilbert's New York Times bestselling book, "Eat, Pray, Love."

Featured on Oprah, this exceptional book about the author's yearlong travels to Italy, India, and Bali, has become a phenomenon. Gilbert shares with us her inspirational story of overcoming a broken heart and a sensational hunger to find God, with a twist of wit and humor.

Facilitators for the 3- 3 hour sessions will be Diane Saliba Ault, a local community artist, and Masankho Banda, from Malawi, Africa, via Oakland, CA who travels worldwide as an artist, storyteller, and peace educator. He was awarded the Unsung Hero of Compassion award by the Dalai Llama in 2001 for his extraordinary work. See www.ucandanc.org for more information. Together with several more local artists and musicians, they will create opportunities for people to come together, eat, socialize and discover their creativity in the forms of improvised story, song, and movement around the themes of each of the countries in the book.

ITALY The "Tour" beginning with a **Feast at the Italian Market** 11 51st Ave. N, Nashville, Tenn. 37209 www.theitalianmarket.net on Saturday, February 16. **Kathy Chiavola**, will serenade the group with live Italian music, irresistible Italian entrees served, and with desert the group will hear and learn the sensual language by **Patrizia** of www.italianforfun.com. The night will wrap up with Diane Saliba Ault facilitating InterPlay with the themes of sensuality, the body, and satisfying your 'hungers'.

INDIA The Tour continues Sunday beginning at 10:00 am at the **Ganesha Temple** 521 Old Hickory Blvd Nashville, Tenn. 37209 www.ganeshatemple.org for **devotional practices of yoga, mediation, and singing**. An Indian lunch will follow onsite.

BALI On Sunday afternoon the group will travel to "Bali" starting at 2pm at St. Luke's Community House, 5601 New York Ave., and enjoy an afternoon session on **CELEBRATING LOVE** led by internationally known artist, educator, **Masankho Banda**, who was a facilitator of a Global Peace Conference there recently. Masankho will share his Bali experience through storytelling, dance, and singing. Also, a local therapist, LJ Ratliff will be sharing her slides, and offering stories of her trip to Bali in November.

The cost of the complete 2-day tour is \$60 per person. This includes food, entertainment, art supplies and some transportation if needed. For reservations, directions or more information call Diane Ault (615) 594-4410c, send an email to diane@interplaytn.org or visit www.interplaytn.org